

NEWBURY VELO

VTTA National 10 Mile Open TT

16th May 2021

Date: 16th May 2021

Registration opens: 05:45

Start Time: 09:30

Course: F11/10

Race Director: Glen Knight

Tel: 07766831267

Email: me@glenknight.co.uk

Time Keepers: Howard(Python RT) &

Katja Rietdorf (Born to Bike - Bridgtown Cycles)

Social Distancing Officers and Marshals from Newbury Velo & London & Home Counties

First Aiders: Glen Knight & Rachael Elliott

Location:

Aston Clinton School

Twitchell Lane, Aston Clinton

Bucks, HP22 5JJ

IF YOU ARE NOT WELL OR ARE SHOWING SIGNS OF COVID-19 THEN PLEASE DO NOT COME TO THIS EVENT.

BRING YOUR OWN PEN AND A WORKING REAR LIGHT!

Whilst we have many procedures outlined below we may have to make changes based on events on the day. These will be communicated fully where appropriate. You are expected to follow the guidance of the marshalls.

This event is run under CTT regulations which can be found here: <https://www.cyclingtimetrials.org.uk/>

1. Event HQ

We are using Aston Clinton School. There will be toilet facilities available. These are not to be used as changing facilities. Due to COVID restrictions there will be no changing facilities. You are asked to not urinate in the carpark or grounds or change in full view of any of the residents.

We are very lucky to have this facility, so please do not give them reason to not allow us to use it in the future. All future references to "HQ" in this document are referring to this facility.

DO NOT arrive too early or you will be asked to stay in your vehicle, There will be no gatherings permitted in the carpark. Turbo trainer/roller warm up are permitted at HQ but only directly behind/in front of your parked vehicle. You are encouraged to warm up on the road to ensure you are not gathering with other riders. Riders not following guidelines or instructions from officials will not be permitted to race and will be reported to CTT.

2. Sign-On

Riders not signing on 20 minutes before their start time will have their place assigned to a reserve rider and listed as DNS.

Sign-on is currently very different to what we are used to. No hugging, no kissing and no exchanging of niceties. But there are some other restrictions in place. You will be expected to follow them. Please bring your own pen!

We will ask you to respect the social distancing rules and **maintain 2m distance** between people in all directions at all times. This is to ensure we can successfully run this event and others in the future and that any curtain twitchers have no material to send to the local gossip column/social media outlet/news outlet. We are all in this together so please **respect the volunteer team** and their decisions. Riders not adhering to the restrictions in place will not be permitted to race, will be reported to CTT and refused entry to future events.

If you will not be attending then please let us know by messaging the organiser on 07766 831267.

Your temperature will be taken by the official handing out numbers. Anyone who doesn't get a smiley face on the thermometer will not be permitted to race. Your number will be placed on a table at the HQ, please check your number on the list below. The numbers have

been cleaned and stored for a minimum of 2 weeks since the last event. The volunteer putting them out will have taken necessary sanitizing steps before and after laying them out. **No safety pins will be provided, if you need them, you will need to bring your own.**

3. Course Detail

Start on southbound slip road to A41 on the Western Tring junction approx 40 yards from the start of the slip road. Proceed along A41 to come off at first slip road (Eastern Tring junction) to:-

Turn (approx 2.0 miles) by taking 4th exit out of RAB and under the A41, going around 2nd RAB to take 2nd exit back onto the A41 westbound and continue past all junctions to RAB at end of Aston Clinton by-pass to:-

Turn (7.87 miles) by taking 3rd exit out of RAB back along the by-pass, again ignoring College Road junction to:-

Finish on Buckland slip road 9 yards sth-east of manhole cover on grass verge, about 91 yards nth-west of (i.e. before) separation of slip road and main carriageway, also about 460 yards nth-west of the B489 overbridge.

Finishing riders MUST leave the main carriageway at the START of the exit slip road to B489. Failure to do so will be recorded as DQ and no time given.

Course Map:

<https://www.cyclingtimetrials.org.uk/course-details/f11-10>

4. Race Protocol

Participants will be asked to maintain social distancing. **No gatherings in groups, you are encouraged to warm up on the road but turbo trainers can be used, only directly behind your vehicle.** If you arrive early you will be permitted to ride on the roads to warm up or sit in your car. We will have 6 waiting spaces marked out plus the rider waiting to race at the start line, therefore **please only arrive at the start line a maximum of 6 minutes before your time listed in Appendix A.** You will not be permitted to wait if you arrive earlier. **Riders are not permitted to ride on course with a number on their back. There are plenty of other roads where warm up is possible without riding on the course. Please be mindful of racers when arriving by bicycle.**

The Time Keepers will be wearing face coverings and will be checking that riders a) have their number attached and, b) have a working rear light. **If either of these are missing you will not be**

permitted to race. There will be no “pusher offer” and you will have

to do a standing start on your own. Rolling starts will not be permitted nor will track stands.

Make it easy for the finish time keepers, when you cross the line, shout your number. **As loud as you can. Do not approach the finish time keeper at any point for any reason.**

5. Race Results

Race results will be displayed at HQ on big screens, we will also have a live results service running on our Twitter feed which you can follow or by scanning the QR code at HQ when you return your number. You can follow us @newburyvelo on twitter or <https://facebook.com/newburyvelo>

These results will be provisional until verified by the official timekeepers. You can also scan the QR code at HQ to view the live results online. **Do not tamper with this equipment at HQ, no matter how IT savvy you are.**

6. Refreshments

To ensure we comply with the government regulations, the CTT guidance and risk assessment, as well as socially acceptable practice, there will be free individually wrapped cakes. Donations welcome to our fund raising project supporting club activities for youngsters and less able cyclists.

7. Start List

Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and will not be accepted in future events.

8. Vehicles on course

Time trialling under CTT regulations is unsupported. Riders must not be followed for any reason whilst on course. Any rider suspected of this will be disqualified and reported to the CTT. This practice and so called layby hopping is dangerous for other participants and a nuisance to traffic and will not be permitted under any circumstances.

9. Summary

In these unusual circumstances we find ourselves having to change the way we run events. The team has put a lot of work into making sure we are able to follow the government guidelines, the CTT guidance and make sure that the risk to you, us and the general public of transmitting or catching COVID-19 are kept to an absolute minimum.

These restrictions are not here to make life difficult for you or the volunteer team, they are here for the above reasons but also to ensure that we are allowed to run these events.

We would like to thank all our volunteers.

Ride Safe. Ride Strong. **Thank you for your support!**

APPENDIX A - Start List

Solo				
No.	Start Time	Name	Club	Category
151	09:31:00	Emma Davies	Newbury Velo	Juvenile
152	09:32:00	Peter Drabble	WORX Factory Racing Powered by Silverstone	Junior
153	09:33:00	Alex Franks	Hillingdon Slipstreamers	Juvenile
154	09:34:00	Sophie Quay-Clark	Palmer Park Velo	Junior
155	09:35:00	William Morgan	trainSharp Development Team	Junior
156	09:36:00	Morgan Lloyd	Cycle Specific	Junior
157	09:37:00	Kyle Jones	WORX Factory Racing Powered by Silverstone	Junior
158	09:38:00	Toby Brown	trainSharp Development Team	Junior
159	09:39:00	Dan Galpin	Bourne Wheelers	Junior
160	09:40:00	Flora Perkins	VC de Londres	Junior
161	09:41:00	Kim Barfoot-Brace	Bath Cycling Club	Veteran
162	09:42:00	Daniel Goodwin	trainSharp Development Team	Junior
163	09:43:00	Stephanie Cousins	QN Racing	Veteran
164	09:44:00	Maria Gent	Kettering CC	Senior
165	09:45:00	Mark Letters	Banjo Cycles.com/Raceware/Specialized	Veteran
166	09:46:00	Hannah Randall	Stafford Triathlon Club	Senior
167	09:47:00	Hilary Walker	Serpentine Running Club	Veteran
168	09:48:00	Hannah Quay	Reading CC	Veteran
169	09:49:00	Alison Stephenson	Congleton CC	Veteran
170	09:50:00	Peter Shaw	Bedfordshire Road RT	Senior
171	09:51:00	Graeme Church	Team Milton Keynes	C1
172	09:52:00	Isabella Johnson	Datalynx-Parenesis Cycling	Espoir
173	09:53:00	Paul O'Driscoll	Team Swindon Cycles	Veteran
174	09:54:00	Karl Wilford	Leicester Forest CC	Veteran
175	09:55:00	Mat Stephenson	Congleton CC	Veteran
176	09:56:00	John French	Oxford City RC	Veteran
177	09:57:00	Virginia McGee	Charlottesville Cycling Club	Veteran
178	09:58:00	Richard Hamilton	Amersham Road Cycling Club	Senior
179	09:59:00	Mike Boyce	...a3crg	Veteran
180	10:00:00	Matt Price	Icknield RC	Veteran
181	10:01:00	Suzy Patience	Banbury Star Cyclists' Club	Senior
182	10:02:00	Mark Smith	Swindon Road Club	Senior
183	10:03:00	Adam Swan	CC Ashwell	Senior
184	10:04:00	Mark Halliday	North Bucks RC	Veteran
185	10:05:00	Dan Jenkins	Southend Wheelers	Veteran
186	10:06:00	Carmelo Luggeri	CC Ashwell	Veteran

187	10:07:00	Laura Pittard	Brother Uk - Team OnForm	Senior
188	10:08:00	Robert Snook	Bikestrong-KTM	Senior
189	10:09:00	Graham Martin	Banbury Star Cyclists' Club	Veteran
190	10:10:00	Mathew Mitchell	Stratford Cycling Club	Senior
191	10:11:00	Gerrard Rafferty	Bedfordshire Road CC	Veteran
192	10:12:00	Paul King	Verulam CC	Veteran
193	10:13:00	Frances Owen	Fibrax Wrexham RC	Senior
194	10:14:00	Daniel Chambers	Bicester Millennium CC	Senior
195	10:15:00	Angus Hawkins	Spirit Tifosi RT	Espoir
196	10:16:00	Mark Pritchard	Nova Raiders CC	Senior
197	10:17:00	Mark Gateshill	PDQ Cycle Coaching	Senior
198	10:18:00	Chris Newman	Farnham RC	Senior
199	10:19:00	Paul Welsby	DRAG2ZERO	Veteran
200	10:20:00	Mathew Lister	Folkestone Velo Club	Veteran
201	10:21:00	Tamsin Miller	Avid Sport	Espoir
202	10:22:00	Harry Tait	Worcester St. Johns CC	Espoir
203	10:23:00	Andrew Payne	Maidenhead & District CC	Veteran
204	10:24:00	Christian Norris	Mercedes AMG Petronas CC	Senior
205	10:25:00	Timothy Budd	Hounslow & District Whs	Veteran
206	10:26:00	Andrew Rose	Nova Raiders CC	Veteran
207	10:27:00	Daniel Thompson	Hillingdon Triathletes	Senior
208	10:28:00	Colin Newton	Thanet RC	Senior
209	10:29:00	Sean Bradley	Bedfordshire Road CC	Senior
210	10:30:00	Roger Porter	Verulam CC	Veteran
211	10:31:00	Adrian Ford	Worcester St. Johns CC	Senior
212	10:32:00	Dave May	Bicester Millennium CC	Veteran
213	10:33:00	David Glossy	Corley Cycles RC	Veteran
214	10:34:00	Liam Smith	Kingston Wheelers CC	Senior
215	10:35:00	Matthew Bond	Kenton RC	Senior
216	10:36:00	Ben Parker	Swindon Wheelers	Veteran
217	10:37:00	Robert Nicholas	Deal Tri	Veteran
218	10:38:00	Martin Stanley	Worcester St. Johns CC	Veteran
219	10:39:00	Stuart Hourigan	34 Nomads CC	Veteran
220	10:40:00	David Wright	Tetbury Velos	Veteran
221	10:41:00	Phillip Tyas	Barnsley Road Club	Senior
222	10:42:00	Robert Barker	Kettering CC	Veteran
223	10:43:00	Jymmy Trevor	Jem Hadar Racing	Veteran
224	10:44:00	Cormac Nisbet	High Wycombe CC	Junior
225	10:45:00	Michael Cope	Kettering CC	Veteran
226	10:46:00	Ian Hope	Team Solo Vinci	Veteran

227	10:47:00	James Schofield	Cowley Road Condors CC	Senior
228	10:48:00	Tom Foreman	RODE Cycles	Senior
229	10:49:00	Danny Marron	Banbury Star Cyclists' Club	Senior
230	10:50:00	Duncan Emery	Twickenham CC	Veteran
231	10:51:00	Andrew Halliday	Westerley Cycling Club	Veteran
232	10:52:00	Scott Leeson	Onyx RT	Senior
233	10:53:00	William Grainger	Andover Wheelers	Veteran
234	10:54:00	Tony Costello	Team Swindon Cycles	Veteran
235	10:55:00	James Moss	North Road CC	Veteran
236	10:56:00	Thomas Pfeiffer	Dulwich Paragon CC	Veteran
237	10:57:00	Graham Morrison	Newbury RC	Veteran
238	10:58:00	Stephen Wilkinson	TWB - On Time Race Team	Veteran
239	10:59:00	Alister Campbell	Eagle Road Club	Veteran
240	11:00:00	Martyn Harris	Newbury Velo	Veteran
241	11:01:00	Rikky Hughes	Worcester St. Johns CC	Senior
242	11:02:00	Mark Wise	Team Jewson - MI Racing ~Poly Pipe~McCann	Veteran
243	11:03:00	Sam Harding	Hub Velo	Senior
244	11:04:00	Simon Cannings	JCA Equipe Velo	Veteran
245	11:05:00	Darian Vavatzanidis	Newbury Velo	Veteran
246	11:06:00	Chris Spencer	Royal Leamington Spa Cycling Club	Senior
247	11:07:00	Dean Callister	Nova Raiders CC	Senior
248	11:08:00	William Barr	University of Bristol Cycling Club (UOBCC)	Senior
249	11:09:00	Mark Woolford	Team Swindon Cycles	Veteran
250	11:10:00	Nigel Brown	Newbury Velo	Veteran
251	11:11:00	David Leighton	Severn Road Club	Veteran
252	11:12:00	Tom Simpson	Brixton Cycles Club	Veteran
253	11:13:00	Matt Boulton	Swindon Wheelers	Senior
254	11:14:00	James Pittard	Didcot Phoenix CC	Espoir
255	11:15:00	Simon Bowden	Newbury Velo	Veteran
256	11:16:00	Jennifer Millmore	Team Watto	Senior
257	11:17:00	Paul Newman	Shorter Rochford RT	Veteran
258	11:18:00	Graham Winstone	ZeroBC Race Team	Veteran
259	11:19:00	Daryl Maffey	CC London	Veteran
260	11:20:00	Richard Cornes	Newbury Velo	Senior
261	11:21:00	Samuel Thienel	Shaftesbury CC	Senior
262	11:22:00	Matt Meek	Newmarket Cycling & Triathlon Club	Senior
263	11:23:00	Simon Church	trainSharp	Veteran
264	11:24:00	Andy Thomas	Lindsey Roads Cycling Club	Veteran
265	11:25:00	Tim Davies	Newbury Velo	Veteran
266	11:26:00	Jon Hughes	Velo Club Godalming & Haslemere	Veteran

267	11:27:00	Richard Gifford	trainSharp	Veteran
268	11:28:00	Adam Charleston	High Wycombe CC	Espoir
269	11:29:00	Dave Bell	Cambridge CC	Senior
270	11:30:00	Andy Tucker	Newbury Velo	Veteran

Tandems

No.	Start Time	Name	Club	
271	11:31:00	Christopher York Joanne York	Maldon & District CC	
273	11:32:00	Ian Greenstreet Rachael Elliott	Newbury Velo	
273	RESERVE	Jonny Allen	6AM Cycling	Senior
274	RESERVE	Andy King	Kettering CC	Veteran
275	RESERVE	Stephen George Lazenby	Beacon Roads CC	Veteran
276	RESERVE	Keith Stockwell	Welwyn Whs	Veteran
277	RESERVE	Graham Read	45 RC	Veteran
278	RESERVE	Sam O'Rourke	St Ives CC	Senior
279	RESERVE	Simon Amphlett	Verulam CC	Senior
280	RESERVE	Gareth Daniels	Icknield RC	Senior
281	RESERVE	Ken Rayson	...a3crg	Veteran

NEWBURY VELO

- Organised group rides with competent, qualified, 1st aid trained and DBS checked ride leaders. Road and off-road opportunities available.
- Organised coaching sessions by British Cycling qualified coaches from specialist beginner coaching, ladies' specific, youth and race/track sessions.
- Frequent velodrome trips for all levels from those that have never ridden velodrome to national track champions.
- Participate in team events in local sportives, time trials and online with Zwift.
- Opportunities to volunteer for national events, coaching and racing. Training offered where appropriate.
- Members only social events. Virtual cycling, BBQs, awards evening, and more...
- Off-bike workshops. Bike maintenance, nutrition presentations.
- Access to member exclusive benefits. Discounts at local businesses, Zwift virtual cycling club kit, discounted custom club kit from Kalas.
- Members' only Facebook and Strava groups where members can share achievements, goals, general banter & support from a wealth of experience from all walks of cycling.
- Help and advice on things to consider when commuting.
- Family-friendly club with rides and events for all the family.
- Activities just for the kids! Children of up to 7 can join as a 'Velomite' and children of 8-15 can take out junior membership. Activities for tiny tots on balance bikes all the way up racing activities for children with a competitive streak.
- Get commuting savvy! Hints and tips to make commuting by bike easy and accessible, from 'what to do if you get a puncture' through to 'choosing the best women's saddle for commuting'.

BUT MORE THAN THIS, IT'S A PLACE FOR EVERYONE WHO ENJOYS THEIR CYCLING

FOR MORE INFORMATION OR TO JOIN

email: info@newburyvelo.cc

or visit: www.newburyvelo.cc

www.facebook.com/newburyvelo